

# Health Education England West Midlands School of Paediatrics Newsletter



**January 21 Edition**

**Editor: Dr Alex Philpott – Head of School**

Please note that the deadline for submission of content for the monthly newsletter is the 20<sup>th</sup> of each month.

Please only send content requests to  [facultysupportteam.wm@hee.nhs.uk](mailto: facultysupportteam.wm@hee.nhs.uk)

# West Midlands School of Paediatrics Newsletter

## Message from the Head of School

Welcome to the first newsletter of 2021. I hope that you all have managed to have some time off over the Christmas period, and while it won't have been the holiday that we would have expected, I'm hoping that you are starting 2021 fully invigorated.

In this newsletter I'd like to congratulate those trainees who have passed their MRCPCH clinical exam. This has been undertaken in a virtual format, something that was new to us all, but I'm sure that the experience gained will help us support those who are sitting the exam in February – yes it is that soon! Dr Mohammad Sawal has been leading the teaching for trainees and I know that he would welcome a few more volunteers to assist with this – please contact him if you can assist in any way. I have submitted a list to RCPCH of those trainees who are dependent on passing the exam to progress in their careers – I hope I've captured everyone. The next congratulations goes to those who have been appointed to GRID posts for 2021.

Having been lay chair for many of the interviews (I was the person behind a screen if anyone noticed a 'lurker' in their interview) I observed the incredibly high standard for all applicants. So if you weren't appointed at this interview, please don't be disheartened – work with feedback and we will see you at interview next time.

My final thoughts for this newsletter are bittersweet. My friend and colleague, Dr Vish Rasiah was posthumously honoured by BAPM at the Gopi Menon Awards, being the winner in the 'Supporting the Perinatal Team' category – a truly well-deserved award.

On local level, BWC have asked us to administer a West Midlands Dr Vish Rasiah Award. After lots of discussion we have decided that this award is intended to recognise any trainee who has done something, however big or small which enhances wellbeing and care for the multi-disciplinary team or families. Please [see page 14](#) for more details.

Good luck for 2021.

TPD - ST1-3	Clare Onyon	Clare.onyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net

## Media Information

Trainee website: [www.westmidlandspaediatrics.com](http://www.westmidlandspaediatrics.com)

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: [westmidlandspaediatrics@gmail.com](mailto:westmidlandspaediatrics@gmail.com)

Twitter account: @WMPaeds

Facebook page: Paediatric Trainees in the West Midlands

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NB: Please apply directly to join the Facebook Group and answer the security questions. Inviting others to join prevents people from joining, as they do not have access to the security questions.

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### **Starting SPRING 2021! - NEW Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic.**

If you are ST6-8 and looking for an innovative course to strengthen your skills in these domains **look out for registration details in our February Bulletin**. Programme commences online 1<sup>st</sup> March for 20 weeks.

Combining e-learning with virtual workshops you will learn about leadership and management of change, putting what you learn into practice as you deliver a quality improvement project of your own. Our structured, science informed change pathway is accessible via your mobile, laptop or tablet with each tool/technique brought together in 3minuteQI® with associated worksheets.

This course utilises study leave funding along with approval from your Educational Supervisor in line with the usual Study leave process.

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### **West Midlands Paediatric Trainee Committee Update:**

Happy New Year!! I hope 2021 is a better year than 2020 has been for all and we can hopefully resume more face-to-face teaching and trainee support over the coming months.

#### **LTFT Trainee Survey**

**For all LTFT trainees!!**

We would like to improve the rotational experience of LTFT trainees throughout the region and support local departments with forward planning of their rotas. We want to hear from all LTFT trainees in this short survey:

<https://www.surveymonkey.co.uk/r/YFL78N6>

#### **Questionnaire about Life Support Courses**

**For all trainees!!**

We recognise life support courses have been cancelled/postponed or that places have been limited due to the pandemic and that this will have an ongoing impact on trainees' ability to access these courses. In order to assess demand and for centres to plan for extra courses, please can **ALL** trainees complete the following 5-minute survey:

<https://www.surveymonkey.co.uk/r/B2LS8RK>

#### **ARCP Checklist:**

Please see the trainee website for the latest version of the ARCP checklist for 2020/ 2021 ARCP's.

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## Exams Guide:

The Trainee Committee have produced a guide to help those studying for their MRCPCH exams which includes advice, tips and suggested resources. It can be found on the website at [www.westmidlands paediatrics.com/mrcpch](http://www.westmidlands paediatrics.com/mrcpch)

## Joint RCPCH Heads of School and Trainees Committee meeting - 1st December 2020

Please see attached to the newsletter the 'Big 5' announcements from this meeting.

## RCPCH Trainees Committee Chair Election

Hannah Jacob the current Chair of the RCPCH's national Trainees Committee is coming to the end of her term of office and the process of electing a new Chair of the RCPCH Trainees Committee is underway. All Paediatric Trainees will receive details for voting via either online vote or paper ballot and the vote will be open from Monday 11th January and close on Monday 8th February. Get voting!

## ST1 Peer Mentoring Program

To support ST1s, particularly IMG ST1s, who have started their training in these challenging times, a trainee-led pilot peer mentoring project is being launched by the IMG Support Network in liaison with the Trainee Committee and Trainee Support Network. If you are interested in having a mentor (ST1 trainee), being a peer-mentor (ST2 and above), or want to find out more, please register your interest by emailing [wmpaedmentoring@gmail.com](mailto:wmpaedmentoring@gmail.com)

## Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at [www.westmidlands paediatrics.com](http://www.westmidlands paediatrics.com) or via email to: [westmidlands paediatrics@gmail.com](mailto:westmidlands paediatrics@gmail.com)

The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

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## Trainee Support Network (TSN) Update:

Please email [WMPaediatricsTSN@gmail.com](mailto:WMPaediatricsTSN@gmail.com) if you are interested in getting involved, or finding out more about what we do!

## Survey of International Medical Graduates (IMGs):

IMGs often face challenges that are unique to them. The IMG Support Network, in liaison with the Trainee Committee and TSN, have created a survey to explore and address some of these challenges. We call for all IMG trainees to take time to fill this survey. We look forward to hearing your experiences as an IMG in paediatric training. We appreciate your participation and greatly value your feedback.

[https://docs.google.com/forms/d/e/1FAIpQLScVjDXX6m2KyWPSrMOdol1SF\\_abKvvoDmTf5qOMjlhkTxn5bQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLScVjDXX6m2KyWPSrMOdol1SF_abKvvoDmTf5qOMjlhkTxn5bQ/viewform?usp=sf_link)

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### PONGSoc: Are you keen to inspire the next generation of Paediatric trainees?

The UBMS PONGSoc are a society of medical students with an interest in Paediatrics/ O&G. They are holding their 3rd annual conference on 30th January 2021 (a collaborative virtual conference also involving medical student paediatric societies from London): 'Unprecedented Times, Inspiring the Next Generation'.

They are looking for enthusiastic West Midlands Paediatric trainees to get involved with career Q&A workshops on Saturday 30th January - a great opportunity to share your love of Paediatrics and help nurture the next generation!

If you are interested in getting involved, please email the Trainee Support Network ([WMPaediatricsTSN@gmail.com](mailto:WMPaediatricsTSN@gmail.com)) with the title 'Inspiring the Next Generation'.

### Virtual Teaching Schedule

We continue to share details about the BCH Hospital at Night Friday teaching (BCH Registrar-led specialty teaching sessions with Consultant input) and regional Neonatal journal clubs. Please find further information on the trainee website.

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### Recruitment – Level 1 & 2

### ST3 National Paediatric Training Recruitment 2021 - PANEL REQUIRED

Preparation work has started for ST3 National Paediatric Training Recruitment 2021.

The Paediatric National Recruitment Office (PaedsNRO) based in the West Midlands will be holding the online interviews for 2021 National Paediatric ST3 entry Recruitment.

The online interviews will be held on the following days:

**Monday 19<sup>th</sup> April 2021**

**Tuesday 20<sup>th</sup> April 2021**

**Wednesday 21<sup>st</sup> April 2021**

**Thursday 22<sup>nd</sup> April 2021**

**Friday 23<sup>rd</sup> April 2021**

**Monday 26<sup>th</sup> April 2021**

**Tuesday 27<sup>th</sup> April 2021**

**Wednesday 28<sup>th</sup> April 2021**

The interviews will take place via MS teams and the panel will work remotely. Exact timings for the days will be provided closer to the date but it can be expected to be an 8am start with the hope of finishing no later than 5pm.

All panel members will be required to provide an up to date E&D certificate, previous interviewing experience is a bonus but not a necessity.

If you are a **consultant** and would be willing to be a panel member for us on one or more of the interview days can I please ask that you fill out a quick questionnaire following the link below:

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<https://is.gd/ST3PanelPaeds>

Thank you as always for your continued support in making these interview days a success.

Any queries please do not hesitate to get in touch via [PaedsNRO@hee.nhs.uk](mailto:PaedsNRO@hee.nhs.uk)

## Support a foundation doctor with their Paeds application!

The UK Aspiring Paediatric Society (UKAPS) have set up a Paediatric application support scheme for foundation doctors applying for paediatric training. They are recruiting current paediatric trainees who would be interested in providing advice to prospective trainees, applying for speciality training this Winter. Not everyone gets a job in paediatrics during Foundation years, so UKAPS want to level the playing field and give everyone the chance to have someone to talk to about their application and training experience.

To sign up, please complete the form via the link below. You can commit as much or as little time as you like to the scheme.

<https://t.co/hjJbyEoAXW>

## Junior Doctor Study - Help Needed

Please see attached information leaflet

We're currently recruiting Junior Doctors to participate in an online survey looking at **working cultures, mental health, and suicidality**. This survey, alongside in-depth interviews, will identify any links between working conditions/cultures and poor mental health and suicidality. The findings will inform further research aiming to support Junior Doctors in the future.

We would like as many Junior Doctors as possible to complete the survey, and we, therefore, wondered if you could email the participant information leaflet and the survey link to the Junior Doctors within your school?

The link to the survey is: <http://bit.ly/JuniorDoctorSurvey>

This study has HRA Approval. If you would like any further information on the study, our website is: <https://bit.ly/WorkingCulturesJuniorDoc>

If you have any queries, please email [A.E.P.Dunning@bham.ac.uk](mailto:A.E.P.Dunning@bham.ac.uk)

## Qualitative study looking into experiences of participants of the new West Midlands Online Neonatal Journal Club

Please see attached study advertisement

If you are interested or have any queries, please email [Rob.negrine@nhs.net](mailto:Rob.negrine@nhs.net)

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### ARCP's

Please find dates below for 2021:

Spring 2021 ARCP Dates:

**Tuesday - 09/02/2021**

Summer 2021 ARCP Dates:

**Tuesday - 06/07/2021**

**Friday - 09/07/2021**

**Wednesday - 14/07/2021**

**Friday - 16/07/2021**

**Tuesday - 20/07/2021**

**Wednesday - 21/07/2021**

If you have any specific queries about your ARCP please email Cherry Clarke in the Assessments Team via the email address above, or Dr Sarah Ellis, TPD for Assessments [sarah.ellis@uhcw.nhs.uk](mailto:sarah.ellis@uhcw.nhs.uk)

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### West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSS assessment stand for leave you feeling flustered?

We are a group of paediatric trainees who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/ networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via [wmaadolescent@gmail.com](mailto:wmaadolescent@gmail.com).

We look forward to hearing from you!

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### Membership Exams - update

RCPCH have just posted another update to the RCPCH website about the adapted exam (see first link below) and published a Covid Adapted MRCGP Clinical information hub (second link). The latter has an FAQs section as well as various resources that have been updated or developed to help candidates better understand the changes to the exam and know how to prepare for it. RCPCH will update this on a regular basis as they are continuing to work on creating guidance and materials.

<https://www.rcpch.ac.uk/news-events/news/mrcpch-clinical-exams-update-adapted-exam-august-2020>

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<https://www.rcpch.ac.uk/resources/mrcpch-covid-adapted-clinical-exam-information-hub>

## Upcoming meetings and Courses

Please note some courses below have been rearranged, cancelled or postponed in view of the COVID 19 outbreak.

### **Paediatric-Genetics Regional Developmental Disorders virtual MDT**

Please find attached the joining instructions for the meeting, flyer.

**Tuesday 12<sup>th</sup>January at 2pm**

As per the previous 2 MDTs, we aim to discuss cases submitted and also give a short Bite-sized Genetics teaching presentation (title to be confirmed) if time permits. Suitable for trainees and AHPs.

Consultants & Senior Trainees - please consider if you have any cases you would like to submit for this or future monthly MDTs to [bwc.genetics.paedMDT@nhs.net](mailto:bwc.genetics.paedMDT@nhs.net). Happy to discuss suitability via email.

We look forward to seeing you there

### **Imperial College London – Masters Courses**

Imperial College London runs a number of master's level courses aimed at healthcare professionals who wish to develop their knowledge and skills in a broad range of areas of

Paediatrics and Child Health. Further details on each course and fees can be found on the website:

<http://www.imperial.ac.uk/continuing-professional-development/short-courses/medicine/paediatric/msc/>

For any further information please contact **Eva Moreno** – Senior Programme Administrator [cpd-dl@imperial.ac.uk](mailto:cpd-dl@imperial.ac.uk)

### **Consultant Preparation Course**

Please see poster attached

**Date:** Friday 22<sup>nd</sup> January 2021

**Time:** 9am-5pm via ZOOM

We are so excited to have as many of you as can make it join in on this regional course.

If you are interested in this course, please email [saaduz.zaman@nhs.net](mailto:saaduz.zaman@nhs.net) or [wynn.Aung@nhs.net](mailto:wynn.Aung@nhs.net) who will then be able to provide you with the ZOOM password and pre-course questionnaire.

### **Welcome to the West Midlands**

Please see attached flyer for booking details

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**Date:** Tuesday 26<sup>th</sup> January 2021

**Time:** 1:30pm – 4:30pm

**Date:** Thursday 11<sup>th</sup> March 2021

**Time:** 1:30pm – 4:30pm

## PEdSIG Winter Meeting - submit your abstracts & register now!

Please see attached flyer

Interested in paediatric medical education? Don't miss the Paediatric Educators' Special Interest Group Winter Meeting!

**Date:** Thursday 4th February 2021

**Time:** 13:00-16:30

**Theme:** Paediatric medical education in the COVID-19 era

**Venue:** Zoom

**Cost:** Free for PEdSIG members and £5 for non-members

**Abstract submission deadline:** 30th of November, 2020

Full details: <https://www.pedsig.co.uk/events/5-pedsig-winter-meeting-2021>

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## Simulation

### Regional Paediatric Simulation Courses

Some of our courses have spaces available, are open to register your interest, or have waiting lists that you can register onto in case of late minute cancellations. All of our courses and registers can be found on the Eventbrite website: <https://rwtpaedsim.eventbrite.co.uk>

We have been made aware that there are issues with clicking on the above hyperlink, therefore it may be necessary to type/copy and paste the link into your browser.

If you have any problems or queries, please contact us at:

Email: [rwh-tr.paedsimed@nhs.net](mailto:rwh-tr.paedsimed@nhs.net)

Twitter: @RWT\_paedsimed

### Paediatric Palliative Care SIM Day

*Do you want more training in palliative care and managing the end of life in children?*

*Would you like the opportunity to practice your communication and management of palliative care situations?*

*Are you confident in advanced care planning?*

*Do you feel comfortable with the legal aspects surrounding death?*

### Overview

This simulation based course will provide an overview of the management of a palliative care patient from diagnosis to the end of life and beyond.

- One day course aimed at senior paediatric trainees (ST4-8)

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- There will be a mixture of simulation scenarios, workshops and discussions around palliative care
- The Course will be supported by senior paediatricians and paediatric palliative care consultants
- Scenarios will involve professional simulated patients
- Can be linked to multiple RCPCH curriculum domains
- The course is FREE for West Midlands Paediatric trainees

**When?**

**Friday 15th January 2021** - register your interest

### Acute Behavioural Crisis in CAMHS (ABC in CAMHS)

*Do you get stressed out by managing mental health presentations during a busy on call?*

*Want more training in de-escalating agitated patients?*

This is a one day course for a small group of paediatric, ED doctors and nurses (and is free for West Midlands trainees). We use workshops, discussion and simulated scenarios which are all led by local paediatric and CAMHS consultants.

**When?**

**Monday 10th May 2021** - register your interest

### Stepping Up to Enhance Performance at ST4+ Course (STEPS)

We still have spaces available for **ST2/ST3/ST4s on our STEPS course**. This mainly focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

**When?**

**Monday 29th March 2021** - waiting list open

### SUDIC course

**Friday 11th December** - waiting list currently open.

<https://rwtpaedsimed.eventbrite.co.uk>

### Return to Work

This course is for paediatric trainees who have been out of clinical practice for any reason (including parental leave, illness, OOPE or OOPC) and provides the opportunity to practice clinical scenarios that you may encounter on your first day back at work.

#### Dates

18/12/20  
26/02/21

Please contact [supportt.wm@hee.nhs.uk](mailto:supportt.wm@hee.nhs.uk) if you would like to attend this course.

### CONTACT DETAILS

For questions about courses and bookings - please use [rwh-tr.paedsimed@nhs.net](mailto:rwh-tr.paedsimed@nhs.net)

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If you want to keep up to date with our latest learning points and course information, please add us on twitter '@RWT\_paedsimed'  
Eventbrite Website - <http://rwtpaedsimed.eventbrite.com>.

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### **Neonatal Simulation**

#### **SHINE Course (Simulation to Help In Neonatal Emergencies)**

Thank you to the 12 trainees who attended our first ever virtual SHINE course on the 14th December which went well and was evaluated very positively. We were unable to offer places to everyone who applied as the course was significantly oversubscribed. SHINE continues to be a very popular course which is highly rated by trainees. It is designed to help trainees improve their skills and confidence in managing neonatal emergencies as part of a team.

We are planning to run the next course of the 9th March 2021. This is likely to also be virtual given the ongoing pandemic situation. There is currently a waiting list for the course so we are having to prioritise level 2 and level 3 trainees, those returning to work after a period of absence for any reason, trainees who are stepping-up, those close to CCT and those with an interest in a career in neonatology. Places will be offered in order of priority as above to those on the waiting list initially and then on a first come, first served basis.

Please email Diana Aguirre on [d.aguirre@nhs.net](mailto:d.aguirre@nhs.net) to register your interest. Please make sure you include your full name, grade, place of work and why this course is important and relevant to your stage of training.

#### **Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)**

We are in the process of developing a communication skills course for Neonatal SPIN and GRID trainees to help develop compassionate communication skills in stressful, traumatic and challenging situations in neonates.

As part of this we had a virtual communication simulation session on the 25<sup>th</sup> November 2020. Thank you to all the neonatal GRID and SPIN trainees who took part in this session which received great feedback.

The next session will take place on the afternoon of the 3<sup>rd</sup> of February 2021 and is again open to neonatal GRID and SPIN trainees. Please apply for study leave in the normal manner and email Diana Aguirre on [d.aguirre@nhs.net](mailto:d.aguirre@nhs.net) to confirm your attendance.

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## PRAM Update by Rashmi Mehta Tim van Hasselt

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

If you are interested in being involved in any of our projects, or have an idea for a future project, please email us at [pramnetwork1@gmail.com](mailto:pramnetwork1@gmail.com). You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter [@PramNetwok](#)

### **ST1-3 Regional training: Research and its basics:**

We are looking to organise teaching for our ST1 to ST3 trainees as part of regional training, on 'Research and its basics.' Before that, we would like to hear more from you! If you are a Paediatric ST1 to 3 trainee, please fill in our short survey form to allow us to organise a teaching session you will benefit from. Thank you. Please click on the link below.

[ST1-3 Regional Research Study Day Survey Link](#)

### **Neonatal Subgroup Meeting**

We had a fantastic meeting on the 14<sup>th</sup> October. Dr Mona Noureldein presented a great idea for looking at pulmonary hypertension secondary to chronic lung disease in West Midlands' babies. She will be doing pilot work and leading a meeting to work on the methodology. This project was further presented and discussed at the PECSIG meeting on 3<sup>rd</sup> December and has generated a lot of interest. Watch the space for this project in future.

### **Early Onset Neonatal Sepsis**

We are delighted to announce that the results from the first stage of the Kaiser Permanente Sepsis Risk Calculator (KP-SRC) project at the start of 2020 have been now published, in Archives of Disease in Childhood Fetal and Neonatal. The writing team involved a range of trainees from FY2 to ST8, and all are included in the authorship list for their contribution. We would like to thank everyone involved in the first stage of the West Midlands KP-SRC project for their hard work. Please find the attached link for the article. [click here](#)

Following our project, the West Midlands' guidelines have been written. Heartlands and Good Hope Hospitals will be the first early adopters units. We have recruited local leads, so please help them out with data collection at these sites.

### **PEM/ Acute paediatrics Subgroup Meeting**

A brainstorming session for PEM/ Acute paediatrics will be held on 13<sup>th</sup> January 2021 at 19:00hrs. If you have any ideas for future projects or want to participate in the projects please join us via the zoom link: [click here](#)

Meeting ID: 948 0056 6640; Passcode: 4USkDp

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## HEEADSSS tool

We are developing a project looking at adolescents and the use of the HEEADSSS tool during paediatric clerking. We have a team of interested people and the leads at trusts have been recruited. If there are any contacts at Goodhope or Burton who would also like to join, get in touch with us as soon as you can as the project launches in January 2021!

## Interesting Article:

The time to act is now: pseudo-systematic review; Ford N et al., Christmas 2020: House of God; *The BMJ* [doi.org/10.1136/bmj.m4143](https://doi.org/10.1136/bmj.m4143)

This pseudo-systematic review looks into the studies which claim that 'The time to act is now'. 512 articles were included for review. The claims were in titles of editorials, commentaries, letters, and original research. There was a substantial increase in the last 10 years of the articles claiming 'The time to act is now.'

The Christmas season is suggested to be lazy. Considering the articles which were published around the Christmas time, only one was relevant: 'Alcohol and the elderly: the time to act is now!' In 2019 there was upsurge of articles in the first quarter of the year compared to rest of the quarters, possibly related to the New Year's resolutions.

During 2020, health systems around the world were stretched to breaking point managing the covid-19 pandemic. However, we were told that the time is now to standardise sedation training, differentiate service delivery, certify cardiac anesthetists, address the mental health impact of climate change and end the HIV epidemic.

The specialities which had higher number of publications pressing on the urgency to act now were oncology, surgery and paediatrics. There were no similar studies found in ophthalmology or dermatology. The paediatric speciality was five times likely to press on the importunity to act now as compared to geriatrician, suggesting the importance of passage of time for the children.

The authors found no studies which claimed "the time to act is later" or "the time to act is after a nap," or "let's wait a bit."

It's a blithesome article which makes you wonder, that would you be happy to cocoon yourself in the joyous world of procrastination or tighten your laces 'Tis the time to act now! Or perhaps be merry, be lazy and enjoy the festive season!

## Neonatal Journal Club:

The neonatal journal club, organised by Dr Negrine and Dr Cawsey has been running successfully with fantastic participation and great engagement across the West Midlands over last few months.

There was an excellent discussion at the last journal club on 9<sup>th</sup> December by Dr Jarvis (Chair: Dr Cawsey) in December.

Comparison of the management recommendations of the Kaiser Permanente neonatal early-onset sepsis risk calculator (SRC) with NICE guideline CG149 in infants ≥34 weeks' gestation who developed early-onset sepsis. Morris R et al., 2020 *Archives of Disease in Childhood - Fetal and Neonatal Edition* 105:581-586. doi.org/10.1136/archdischild-2019-317165

Here are some learning points by Dr Jarvis:

"Applying a modified SRC will likely decrease IV antibiotic use, but may not decrease hospital stay.

*We will need a culture change, especially with the midwifery team, about keeping babies in for longer for observations*

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*Limited UK evidence shows that the SRC used alone is slightly less sensitive than the NICE guidelines in identifying asymptomatic cases and so careful clinical review is imperative*

*This difference may change with the new NICE neonatal sepsis guidelines being published in 2021”*

The relevance of the project in West Midlands and KP-SRC PRAM project was discussed during the meeting too. The NICE draft on Neonatal infection: antibiotics for prevention and treatment, is currently open for comments until 5<sup>th</sup> January 2021. Please find the attached link: [click here](#)

### Dates for your diary: Upcoming Conferences and Events in 2021:

RCPCH Conference Singapore (Virtual): 6-7<sup>th</sup> March 2021; Abstract submission now open; closing date 6<sup>th</sup> January 2021.

Neonatal Society Spring Meeting: 4<sup>th</sup> March 2021; Abstract submission now open; closing date 4th February 2021.

Institute of Medical Ethics Conference, Birmingham: 1-2<sup>nd</sup> July 2021; postponed from July 2020; call for papers will take place towards end of 2020 to fill slots that have not been taken.

jENS Conference, Athens: 14-18<sup>th</sup> September 2021; Abstract submission now open; closing date 12<sup>th</sup> May 2021.

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### Promoting Paediatrics

**Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?**

Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career; how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact:  
[promotingmedicine@gmail.com](mailto:promotingmedicine@gmail.com)

Follow us on Instagram: [promotingpaediatrics](#)  
Dr Vicki Currie 07783705901

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# West Midlands School of Paediatrics Newsletter

## Dr Vishna Rasiah Award 2021

The West Midlands School of Paediatrics invites all educational supervisors, tutors and trainees across the region to nominate ST1-8 trainees for this award.

Dr Rasiah (Vish) had an impressive range of skills – both clinical and non clinical. In addition, Vish was dedicated to improving team wellbeing and enhancing support for families.



To honour his memory, the School of Paediatrics is hosting an award for ST trainees across the West Midlands.

This award is intended to recognise any trainee who has done something, however big or small which enhances wellbeing and care for the multi-disciplinary team or families.

- This award is open to all ST Trainees across the West Midlands within the School of Paediatrics
- Nominations should be submitted by supervisors, tutors and fellow trainees
- The Prize carries a £250 reward\* funded by Birmingham Women's & Children's Hospital NHS Trust

*\*the reward must be put towards an educational activity, e.g. conference, course etc and agreed with the prize winner's Educational Supervisor.*

If you have a trainee whose work should be recognised, please nominate asap. For further information please go to the website:

<https://www.westmidlandsdeanery.nhs.uk/postgraduate-schools/paediatrics/dr-vishna-rasiah-award-2021>

Send your nomination form (available on the website) to  [facultysupportteam.wm@hee.nhs.uk](mailto: facultysupportteam.wm@hee.nhs.uk)

Deadline for submissions is Friday 26<sup>th</sup> February

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## Other Useful Information:

### **Reminder – Sickness Reporting**

Can all trainees include [programmes.wm@hee.nhs.uk](mailto:programmes.wm@hee.nhs.uk) when reporting any sickness to your ES/CS

# West Midlands School of Paediatrics Newsletter

<b>HEEWM School of Paediatrics Contact List</b>		
<b>Name</b>	<b>Role</b>	<b>Email</b>
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk
Dr Helen Goodyear	Associate Postgraduate Dean	Helen.goodyear@hee.nhs.uk
Dr Matt Cawsey	TPD - ST4-8	matt.cawsey@nhs.net
Dr Clare Onyon	TPD - ST1-3	clareonyon@nhs.net
Dr Annabel Copeman	TPD – General Simulation	acopeman@nhs.net
Dr Matt Nash	TPD – Neonatal Simulation	mnash1@nhs.net
Dr Sarah Ellis	TPD – Assessments	Sarah.ellis@uhcw.nhs.uk
Dr Sagarika Ray	TPD – Quality Assurance	Sagarika.ray@nhs.net
Dr Penny Broggio	TPD Teaching	Penny.broggio@hee.nhs.uk
Dr Rob Negrine	TPD – Neonatal Teaching Programmes	rjsneg@doctors.org.uk
Dr Tarak Desai	Deputy Regional Lead	tarak.desai@nhs.net
Prof Rajat Gupta	Joint Regional Lead	rajatgupta@nhs.net
Dr Mohammad Sawal	Joint Regional Lead	Mohammad.sawal@nhs.net
Prof Andrew Peet	Joint Academic Regional Advisor	A.Peet@bham.ac.uk
Prof Timothy Barrett	Joint Academic Regional Advisor	t.g.barrett@bham.ac.uk
Dr Esai Archary	Postgraduate Clinical Tutor BCH	Esai.archary@nhs.net
Dr Aju Chacko	SAS Rep	Aju.Chacko@swft.nhs.uk
Dr Bridget Wilson	LTFT Advisor	Bridget.wilson2@nhs.net
Dr Nisha Pargass	MTI Lead	Nisha.pargass@nhs.net
Dr Anna Smith Dr Ceri Chadwick Dr Isha Nijjar	ST4-8 Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Sivakami Balasubramanian	IMG Trainees' Representative	westmidlandspaediatrics@gmail.com
Dr Laura Kelly	RCPCH WM Trainee Rep	westmidlandspaediatrics@gmail.com
Dr Elke Reunis Dr Hannah Coakley	ST1-3 Trainee Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Shona Brothwell	Trainee Welfare Rep	westmidlandspaediatrics@gmail.com
Dr Anna Darbyshire	Committee secretary	westmidlandspaediatrics@gmail.com
Dr Hannah Cooper Dr Sahiti Koneru Dr Susanne Elliott Dr Ashish Patel	LTFT Trainee Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Elizabeth Baranowski	Academic Trainee Lead	westmidlandspaediatrics@gmail.com
Dr Amy Walker	West Midlands Stepping up Champion	rcpchsteppingupwestmids@gmail.com
Ruth Witcombe	Regional Teaching	ruth.witcombe@nhs.net

## West Midlands School of Paediatrics Newsletter

### HEEWM Contacts

Faculty Support Team	Facultysupportteam.wm@hee.nhs.uk
Programmes Team	Programmes.wm@hee.nhs.uk
Assessments Team	Assessments.wm@hee.nhs.uk
Quality Team	qamedical.wm@hee.nhs.uk
QA – Reporting concerns	escalatingconcerns.wm@hee.nhs.uk
Revalidation	raineerevalidation.wm@hee.nhs.uk
ARCP Appeals	ARCPappeals.wm@hee.nhs.uk
Professional Support Unit	Psu.wm@hee.nhs.uk
Supported Return to Training	supportt.wm@hee.nhs.uk
National Recruitment	PaedsNRO@hee.nhs.uk